

## The Camargue

### Parc naturel régional



## Contact



**OFFICE DE TOURISME D'ARLES**  
Esplanade Charles de Gaulle - 13200 Arles  
Tel. +33 (0)4 90 18 41 20 - Fax. +33 (0)4 90 18 41 29  
[www.arlestourisme.com](http://www.arlestourisme.com)  
ot-arles@visitprovence.com



**OFFICE DE TOURISME PORT-SAINT-LOUIS**  
Tour Saint-Louis - Quai Bonnardel  
13230 Port-Saint-Louis-du-Rhône  
Tel. +33 (0)4 42 86 01 21 - Fax. +33 (0)4 42 86 09 77  
[www.portsaintlouis-tourisme.fr](http://www.portsaintlouis-tourisme.fr)  
contact@portsaintlouis-tourisme.fr



**OFFICE DE TOURISME DES SAINTES-MARIES-DE-LA-MER**  
5 avenue Van Gogh  
13460 Les Saintes-Maries-de-la-Mer  
Tel. +33 (0)4 90 97 82 55 - Fax. +33 (0)4 90 97 71 15  
[www.saintesmaries.com](http://www.saintesmaries.com) - info@saintesmaries.com



**COMITÉ RÉGIONAL DE TOURISME PROVENCE-ALPES-CÔTE D'AZUR**  
Maison de la région - 61, La Canebière  
CS 10009 - 13231 Marseille Cedex 01  
Tel. +33 (0)4 91 56 47 00 - Fax. +33 (0)4 91 56 47 01  
[www.tourismepaca.fr](http://www.tourismepaca.fr)



**INFORMATIONS TOURISTIQUES SUR LES BOUCHES-DU-RHÔNE**  
Bouches-du-Rhône Tourisme  
13 rue Roux de Brignoles 13006 Marseille  
Tel. +33 (0)4 91 13 84 13 - Fax. +33 (0)4 91 33 01 82  
[www.visitprovence.com](http://www.visitprovence.com)



This document is printed on unbleached paper, using wood from sustainably-managed forests

2015

SCOP bid communication | Dominique Binet - 04 66 64 48 80 - Crédits photos : A.R. Johnson / Tour du Valat - J. Boudoux - A. Chevalier / P. Daniel J. Roche, Opas Species, E. Viallet / PNRC

### Some advice for visitors

- Between May and October, don't forget to bring mosquito repellent, suncream and water.
- Park only in designated areas.
- Unnecessary noise.
- Respect the wildlife, and avoid making noise or breaking trees.
- Remember that the dunes are sensitive areas.
- Take care when round the park, remain on the paths. Do not stay onto private property.
- When walking round the park, remain on the paths. Do not stay onto private property.
- Help us keep the Camargue clean

### You're in a Regional Nature Park

### Some figures

With its 13 000 hectares of ponds, lagoons and salt plains at the heart of the Camargue, the Camargue National Nature Reserve is among Europe's largest wetlands.

It extends out to the shore, and takes in Vaccarès lake. It is totally protected, and its visitors will discover some real treasures, notably 237 species of birds in pristine environments.

There to be found in the Camargue!

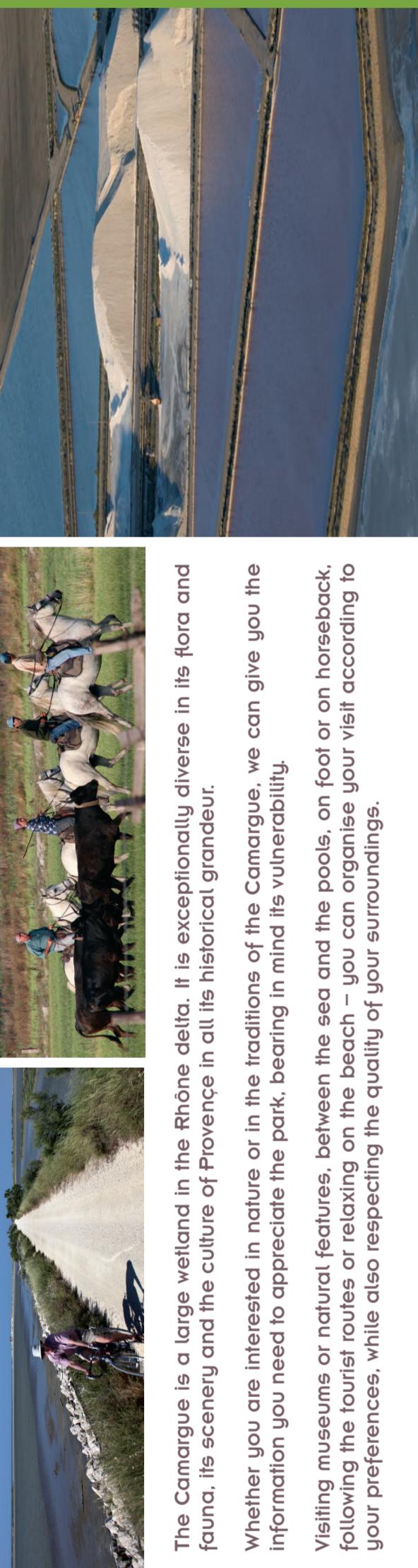
Ces espaces sont à la fois de la préservation des espèces et de l'aménagement durable du territoire et de l'environnement.

Les sites Ramsar sont des sites d'importance internationale pour la biodiversité.

Le territoire est également un site Ramsar.

# Parc naturel régional

## Camargue



The Camargue is a large wetland in the Rhône delta. It is exceptionally diverse in its flora and fauna, its scenery and the culture of Provence in all its historical grandeur.

Whether you are interested in nature or in the traditions of the Camargue, we can give you the information you need to appreciate the park, bearing in mind its vulnerability.

Visiting museums or natural features, between the sea and the pools, on foot or on horseback, following the tourist routes or relaxing on the beach – you can organise your visit according to your preferences, while also respecting the quality of your surroundings.

## Local professionals work with the « Parc naturel régional » label

The « Parc naturel régional » label. This label is awarded by the Ministry of the Environment to agricultural and artisanal products, skills and services that exemplify the specificities of regional nature parks, the preservation of their environment and their human dimension.

### EQUESTRIAN CENTRES

**1 Domaine Paul Ricard**  
Tél. + 33 (0)4 90 97 10 62  
manadepaulricard@wanadoo.fr

**2 Bergerie d'Alivon**  
Tél. + 33 (0)6 03 54 10 94 / (0)4 90 97 10 37  
mrzemmanuelijg@free.fr

**3 Les Cabanes de Cacharel**  
Tél. + 33 (0)4 90 97 84 10 / 06 11 57 74 75  
info@cabanesdecacharel.com  
www.cabanesdecacharel.com

**4 Centre de Tourisme Équestre La Grenouillère**  
Tél. + 33 (0)6 80 25 58 58 / (0)4 90 97 90 22  
equitation@hotel-la-grenouillere.fr

**5 L'Écurie de l'Auberge Cavalière du Pont des Bannes**  
Tél. + 33 (0)6 63 65 26 08  
jerome@ecurie-camargue.fr

### BULL HERDS

that offer individual visits

**1 Manade Mailhan**  
Tél. + 33 (0)4 90 97 00 12 / (0)6 15 09 09 11  
jacques.mailhan@yahoo.fr

**2 Manade Paul Ricard**  
Tél. + 33 (0)4 90 97 10 62  
manadepaulricard@wanadoo.fr

**3 Manade Saint-Antoine**  
Tél. + 33 (0)6 10 66 02 12  
contact@manadesaintantoine.com

**4 Manade Cavallini**  
Tél. + 33 (0)4 90 97 50 06  
contact@manadecavallini.com

**5 Manade Jacques Bon**  
Tél. + 33 (0)4 90 97 28 50  
contact@manade-jacques-bon.com

**6 Manade Blanc**  
Tél. + 33 (0)4 90 97 27 73  
contact@manade-blanc.fr

### WINE GROWERS

**1 Domaine de Beaujeu**  
Tél. + 33 (0)9 64 18 90 33 / 4 90 97 22 30  
domainebeaujeu@yahoo.fr

**2 Mas de Valériole**  
Tél. + 33 (0)4 90 97 10 41  
www.masdevaleriole.com

Distances between the main towns:  
Aigues-Mortes - Les Saintes-Maries-de-la-Mer 30 km  
Aigues-Mortes - Arles 42 km  
Arles - Salin-de-Giraud 37 km  
Arles - Port-Saint-Louis 36 km  
Albaron - Salin-de-Giraud (par bord du Vaccarès) 40 km  
Salin-de-Giraud - Port-Saint-Louis 5 km  
(par le bac de Bârcan)

### Freshwater marshes and reed beds

These are common in the upper Camargue and on the banks of the Rhône. Water plants such as bulrushes, cane and reeds are abundant in the marshes, which are used for hunting and, in summer, pasture. They provide shelter for nesting and wintering birds. Reeds (« sagno », in Provençal) are cut in winter by the « sagneurs ». They are used as a roofing material.



### The salt plains « sansouires » and meadowlands

Salt plains are a feature of the lower Camargue. Their salt content is so high that only a few plant species such as glasswort, saltwort, obione and statice can survive there. They are prone to periodic flooding, and in summer are marked by white traces due to the presence of salt. Meadowland occupies only small, fragmented areas in which the effects of salt are less obvious.



### The salt ponds

These are to be found along the sea. In reality they are lagoons that have been adapted to maximise their salt concentration. The salt ponds are extensive and rich in invertebrates, which makes them an important source of food for birds, and in particular the flamingos, which spend most of their time there.



© Carte et illustrations Vincent Brunot

© Carte et illustrations Vincent Brunot

The Camargue has some 50 km of beaches. Outside the perimeter of the protective dykes – and thus subject to the caprices of the sea – the coastline is in a permanent state of change. The dunes are inhabited by spectacular flowering plants and a number of rare insects.

Réserve de Biosphère

Camargue